



JOBSITE SAFETY TALK

"ON-SITE TRAINING YIELDS A SAFE, PRODUCTIVE WORKFORCE"



22-14

May 3, 2022

Daily Toolbox Talk: Be Supported

Support is mutual. When you support a coworker or friend, they are in turn more likely to support you. This mindset will give each of us the courage to speak up for safety. Our voices are one of the greatest ways to eliminate exposure, but it is not always easy to speak up when we see a potential risk or an unsafe action. Support is also shown within selfless acts for others, which have positive physical and mental effects. A simple gesture of care and concern for a crew member or loved one gives the support they may need whether they are suffering from anxiety, depression, or a tough personal situation. Supporting each other and our crews will keep us safe and informed at home and at work.

Support at Work

Having the courage to say something when you see something can prevent a serious incident or injury on the job. Therefore, we must cultivate an atmosphere that values a willingness to share concerns and ideas. Craft Voice in Safety (CVIS), Serious Injury & Fatality Prevention (SIF) discussions, and other craft communication programs allow workers to share their stories and support one another. Consider the following opportunities for us to identify and voice our concerns:

- When we don't have the proper PPE, tools, or equipment to complete work per the plan.
- When there is a change in our tasks, the foreman, or crew.
- When we realize a material delivery date change will impact our daily activities or the job.

Everyone, from management to crew members, must speak up for safety. Consider the following tips to support your crew members:

- Be intentional about listening to each other and consider viewpoints different from our own.
- Do not be deterred by how you think a coworker will react. You are only responsible for how you communicate your concern, not how they respond.
- Be appreciative when someone is courageous enough to speak up and share concerns with you. They have your safety and best interest at heart.

Support at Home

We may never understand what goes on in individuals' homes or what challenges they or their families face. What is certain is that those concerns and challenges do not get left at the gate when we get to work. As many of you have heard, the construction industry is the second-highest industry for death by suicide. Struggles with addiction, substance abuse, and mental well-being run high in our populations. A selfless act can go a long way, and you may never know how significant of an impact you might have on a person by simply taking a moment to ask if they're OK, letting them know you appreciate them or showing them a moment of compassion. Consider the following tips when reaching out to a friend or coworker:

- Find an appropriate time and place to talk with your friend or coworker.
- Ask them how they are doing and actively listen; let them know they are not alone.
- Discreetly notify a supervisor if you are concerned for the person's well-being.

Date

Company Name

Project #/Name

Meeting Location

Person Conducting Meeting

Items Discussed:

Problem Areas or Concerns:

Attendees:

Comments: